



Westport Middle Schools Breakfast APRIL 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Alternate options available daily for ala carte Breakfast: Cereal Cups, Mozzarella Cheese sticks, Muffins, Bagels, Fruit & Yogurt Parfaits, Fresh Fruit Cups & Breakfast Bars				
3	4	5	6	7
Assorted Muffin with Fresh Fruit and Yogurt Cup	Assorted Bagel w/ Cream Cheese and Fresh Fruit	Yogurt Parfait with Fruit, Cereal & Graham Crackers	Assorted Cereal Cup w/Fresh Fruit, Milk & Cheese stick	Assorted Muffin with Fresh Fruit and Yogurt Cup
10	11	12	13	14
SCHOOL CLOSED FOR SPRING BREAK				
17	18	19	20	21
Assorted Bagel w/ Cream Cheese and Fresh Fruit	Yogurt Parfait with Fruit, Cereal & Graham Crackers	Assorted Cereal with Fresh Fruit, Milk & Cheese stick	Assorted Muffin with Fresh Fruit and Yogurt Cup	Assorted Bagel w/ Cream Cheese and Fresh Fruit Crackers
24	25	26	27	28
Yogurt Parfait with Fruit, Cereal & Graham Crackers	Assorted Cereal w/ Fresh Fruit, Milk & Cheese stick	Assorted Muffin with Fresh Fruit and Yogurt Cup	Assorted Bagel w/ Cream Cheese and Fresh Fruit	Yogurt Parfait with Fruit, Cereal & Graham Crackers

MONTHLY FOOD FOCUS: April's Food Focus is Garden Vegetables AND April is National Gardening Month!
 Garden fresh vegetables taste great in fresh salsa, salads or grilled.
 Toss together your favorite garden greens like spinach, kale or arugula, add in cherry tomatoes, carrots, & cucumbers and top with a home-

Have Questions?

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